



Wilderness Camp 2027

Camp 1: 4 - 16 July 2027 Camp 2: 18 - 30 July 2027

Programme Week 1 - Daily Structure

● Arrival at Camp: Sunday 4/18 July

Monday 5/19 July 2027	Tuesday 6/20 July 2027	Wednesday 7/21 July 2027	Thursday 8/22 July 2027	Friday 9/23 July 2027
Information and preperation for the experience	Survival strategy, excursion at Morteratsch Glacier	Leadership workshop	Shelter-construction workshop	Reflection and planning of the expedition, leadership responsibilities
Departure for the adventure	Thermal management, backpack packing, alpine navigator workshop	Water workshop: find water and water purification	Resilience workshop: mindset and mind over body	Fire & BBQ, packing and return to Lyceum Alpinum Zuoz
Team building, safety goals and expectations	Fire workshop	Tactical team dynamics and games	Set up for night outside	Evening activities @ Lyceum Alpinum Zuoz
Bedtime @ <u>Al Vadret</u> <u>Swisslodge</u> , Morteratsch, Pontresina	Bedtime @ <u>Al Vadret</u> <u>Swisslodge</u> , Morteratsch, Pontresina	Bedtime @ <u>Al Vadret</u> <u>Swisslodge</u> , Morteratsch, Pontresina	Stay outdoors @ <u>Pros</u> <u>da Laret</u> , <u>S-chanf</u>	Bedtime @ <u>Lyceum</u> <u>Alpinum Zuoz</u>

Saturday and Sunday, 10/11 and 24/25 July 2027

- Staying at Lyceum Alpinum Zuoz with the other Summer Camp participants
- Special programme offered: river rafting, a variety of workshops incl. relaxation activities

Programme Week 2 - Daily Structure

Monday 12/26 July 2027	Tuesday 13/27 July 2027	Wednesday 14/28 July 2027	Thursday 15/29 July 2027
Information and preparation for the experience	Exploration of wilderness: mountain traverse to Lej da Staz and ascent to Hahnensee	Exploration of wilderness: high mountain traverse to Alp la Muotta, Crisis scenario workshop	Outdoor programme
Departure for the adventure			Arrive back @ Lyceum Alpinum Zuoz
Exploration of wilderness: ascent trek to Muottas da Schlarigna			Final evening @ Lyceum Alpinum Zuoz
Stay outdoors @ <u>Muottas da Schlarigna</u>	Stay outdoors @ <u>Hahnensee</u>	Stay outdoors @ Alp la Muotta	Bedtime @ <u>Lyceum Alpinum Zuoz</u>

- Departure from camp and check-out: Friday 16/30 July 2027 from 09:00-11:00

*Programme is subject to changes due to weather conditions and unforeseeable events.

