

# International Summer Camp

## Youth Football Camp - FC Bayern München

### Introduction

The FC Bayern München Football Camp training program is focusing on improving the students' football techniques in the different elements of the game. Qualified coaches from the Youth Football Partner FC Bayern München will teach our camp participants on a daily basis, and the only focus will be on football. Tactical and technical skills, coordination exercises and practice matches are part of the afternoon.

### General

The Youth Football Partner FC Bayern München will be running the football training during our Football Camp. The professionals will challenge you with modernist training methods.

- Train with the pros from the Youth Football Partner FC Bayern München
- From beginners to advanced players
- Intensive football training and coaching

Here are a few of the skills and activities that players will practise every day as a group during the camp:

- Controlling the ball and body orientation
- Passing and receiving
- Coordination skills and drills
- Feints and dribbling
- Accuracy and power in shooting
- Individual tactics and team play
- Small-sided games
- Technical challenges
- Playing games and tournaments
- Learn by having fun

