

Facts & Figures 2025/2026 Day Students

Grades 7 and 8Curriculum Overview

At Lyceum Alpinum Zuoz our Pre-IGCSE programme for grades 7 and 8 is tailored for students who have previously been educated in international schools, are English-speaking and/or seeking an international education where English is the language of instruction.

This programme serves as an excellent entry point, focusing on core knowledge and essential skills across a broad range of subjects to prepare students for the IGCSE years.

KEY CURRICULUM FEATURES

Comprehensive Core Curriculum:

- English: Developing strong literacy skills in reading, writing, and critical analysis.
- German: Building academic proficiency in the German language.
- Mathematics: Establishing a solid mathematical foundation.
- Combined Sciences: An integrated approach to Biology, Chemistry, and Physics to foster scientific understanding.
- History: Exploring historical events and contexts to develop critical thinking.
- Design and Technology: Encouraging creativity and problem-solving through practical projects.
- Art and Music: Nurturing creativity and artistic expression.
- Physical Education and Games: Promoting physical fitness and teamwork.
- Support for English Language Development:

For students needing to improve their English skills, we offer additional support to enhance writing, reading, and speaking abilities.

For those who do not require extra English support, we provide French as an additional language, broadening their linguistic skills.

Character and Values Development

Our education put an emphasis on building good study habits and developing values such as responsibility, respect, and resilience.

Our international setting encourages students to appreciate cultural diversity and fosters global citizenship.

By focusing on these areas, we ensure that our students are not only academically prepared but also develop the character and values needed to succeed in a global community. This well-rounded approach lays a strong foundation for the more specialized IGCSE curriculum in grades 9 and 10, ultimately leading to the IB Diploma Programme.

Grades 9 and 10Curriculum Overview



Cambridge International School

We provide a robust and internationally recognised foundation for our students in grades 9 and 10 through the Cambridge International General Certificate of Secondary Education (IGCSE) in core subjects: English, Mathematics, and Science. This focused approach ensures that all students develop strong competencies in these essential areas, which are crucial for success in the International Baccalaureate (IB) Diploma Programme.

KEY CURRICULUM FEATURES

IGCSE Excellence in Core Subjects:

- English A/German A and English B/German B: Developing advanced language skills and critical thinking.
- Mathematics: Building a strong foundation in mathematical concepts and problem-solving.
- Science: Encouraging scientific inquiry and a deep understanding of the natural world.

Customized Humanities and Arts Curriculum

We offer a bespoke curriculum in Humanities and the Arts, designed to accommodate the diverse backgrounds of our international student body.

This approach provides a broad education, fostering creativity, critical thinking, and cultural awareness.

By removing the pressure of a large number of IGCSE exams, we create an environment where students can explore their interests and develop the skills required for the IB Diploma.

Preparation for IB Diploma Programme

Our curriculum is specifically designed to prepare students for the rigors of the IB Diploma.

Emphasis is placed on developing the skills and knowledge necessary for success in higher education and beyond.

Our aim is to nurture well-rounded individuals who are not only academically prepared but also equipped with the creativity, critical thinking, and global perspective needed to thrive in a rapidly changing world. By focusing on core subjects while offering a flexible and enriched curriculum in other areas, we ensure that each student receives a comprehensive and personalised education.

Grades 11 and 12Curriculum Overview



The International Baccalaureate (IB) Diploma Programme was established in 1968 to provide a challenging and balanced education that prepares students for success at university and life beyond. The programme encourages students to be knowledgeable, inquiring, caring, and compassionate, with a strong emphasis on intercultural understanding and respect.

The IBDP is highly regarded by universities worldwide for its rigorous academic standards and its emphasis on developing critical thinking, research skills, and a global perspective.

IB Subject Choices

Students must choose one subject from each of the following six groups:

- Group 1: Studies in Language and Literature (e.g. English)
- Group 2: Language Acquisition (e.g. German, French)
- Group 3: Individuals and Societies (e.g. History, Economics)
- Group 4: Sciences (e.g. Biology, Chemistry, Physics)
- Group 5: Mathematics (e.g. Mathematics: Analysis and Approaches, Mathematics: Applications and Interpretation)
- Group 6: The Arts (e.g. Visual Arts, Music) or an additional subject from Groups 1-5

Students must take at least three subjects at Higher Level (HL) and three at Standard Level (SL).

Each subject is graded on a scale of 1 to 7, with 7 being the highest. Students can earn up to 42 points from their six subjects. An additional 3 points can be awarded based on the Theory of Knowledge (TOK) essay and the Extended Essay (EE), making the maximum possible score 45 points.

The Core

The IBDP core comprises three essential components:

- Theory of Knowledge (TOK): Encourages students to reflect on the nature of knowledge and how we know what we claim to know.
- Extended Essay (EE): A 4,000-word research paper that allows students to investigate a topic of interest.
- Creativity, Activity, Service (CAS): Encourages students to engage in artistic, sporting, and service activities outside the classroom. CAS enables students to apply the IB learner profile and "Spirit of Zuoz" in real and practical ways.

Subject Options at the Lyceum Alpinum:

The Lyceum Alpinum Zuoz offers a variety of IB subjects, tailored to student interests and demand. The availability of certain subjects may depend on the number of students opting for them but typically, students can opt for one from each of the following groups.

Group 1	Group 2	Group 3	Group 4	Group 5	Group 6
English A	English B	Business	Biology	Mathematics	Film
Language Literature	German B	Management 	Chemistry	Applications & Interpretation	Music
German A	Spanish B	Economics	Physics	Mathematics	Visual Arts
Language	Ab initio	History	Environmental	Analysis &	Business
Literature	Language (SL	Environmental	Systems &	Approaches	Management
Literature A in	only)	Systems & Societies	Societies		French B
other languages*					Chemistry

^{*} as School Supported Self-Taught (SSST) course (SL only)

Head of Year

A Head of Year is responsible, in partnership with teachers, boarding houses and educational psychologists, for guiding and supporting students through the IB Diploma Programme and acting as a key point of contact for families. The Head of Year will work closely with both parents and students to ensure that all students are developing "a healthy mind in a healthy body".

University Recognition and College Counselling

The IB Diploma is recognised by universities worldwide, including those in Switzerland and Germany. In Switzerland, universities typically require a minimum score of 32 points, with specific requirements for certain subjects and levels (e.g. either a Natural Science or Mathematics at Higher Level). In Germany, the IB Diploma is recognised as equivalent to the Abitur, with requirements including certain HL subjects. For admission to a German University, students must ensure they follow the guidelines outlined in the "Agreement on the Recognition of the International Baccalaureate Diploma" of the Kultusminister Konferenz.

The Lyceum Alpinum Zuoz is committed to providing a comprehensive and rigorous education through the IB Diploma Programme, ensuring that our students are well-prepared for the challenges of higher education and beyond. We have an experienced College Counselling team which helps students with their applications to colleges and universities around the world. For all university admissions pathways, our IB Diploma coordinator works closely with the College Counselling team, consulting with students and families to ensure the right subject choices are made.

Grades 9 – 12Lyceum Alpinum Diploma

In the Lyceum Alpinum High School Diploma students in Grades 9–12 attend classes with their peers, completing assessments in these subjects in order to earn credit towards the 25 credits required for graduating with the High School Diploma. A table of required credits is included below.

	Years of Study	Credits
English Language	4	4
Language Acquisition	3	3
Mathematics	3	3
Sciences	3	3
Humanities	3	3
Arts	2	2
Physical Education	2	1
Additional Credits		6
Total		25

The above requirements may be waived or amended on an individual basis with approval from the Head of International Section or Head of School.

SUBJECTS OVERVIEW IN LESSONS PER SCHOOL WEEK

English BAL 29		grade 7	grade 8	grade 9	grade 10	grade 11	grade 12
English EAL 2º 4 4 4 4 4 4 4 5 4 6 6 6 6 6 6 6 6 6 6 6	Languages						
English A LL SL/HL B SL/HL 3) German 4	English 1)	6	6	6	6		
German Al L SL/HL B SL/HL S L/HL S L/HL	English EAL 2)	4	4	4	4		
German A LL SL/HL B SL	English A LL SL/HL B SL/HL ³⁾					4 / 6	4 / 6
German Al SL O	German ⁴⁾	4	4	4	4		
French 79	German A LL SL/HL B SL/HL 5)					4 / 6	4 / 6
Spanish ® 4 4 Chinese / Russian ® 4 4 Chinese A LL SL/HL 1® 4 / 6 4 / 6 SSST (any mother tongue / language A) 2 2 Mathematics Mathematics 6 6 Mathematics (core, extended, additional) 6 6 Mathematics (Al, AA SL/HL) 110 4 / 6 4 / 6 Sciences Chemistry (SL/HL) 4 3 4 / 6 4 / 6 Physics (SL/HL) 4 3 4 / 6 4 / 6 Biology (SL/HL) 4 3 4 / 6 4 / 6 Environmental Systems & Societies (SL/HL) 4 / 6 4 / 6 Social Sciences 8 3 4 4 / 6 4 / 6 Business / Economics 3 3 4 4 4 / 6 4 / 6 Business / Economics 3 4 4 / 6 4 / 6 4 / 6 Economics SL/HL 4 / 6 4 / 6 4 / 6 4 / 6 4 / 6 History (SL/HL) 4 / 6 4 / 6 4 / 6 4 / 6	German Al SL ⁶⁾					4	4
Chinese / Russian 90 4 4 Chinese A LL SL/HL 100 4/6 4/6 SSST (any mother tongue / language A) 2 2 Mathematics Mathematics (core, extended, additional) 6 6 Mathematics (AI, AA SL/HL) 110 4/6 4/6 Sciences Sciences 6 6 Chemistry (SL/HL) 4 3 4/6 4/6 Physics (SL/HL) 4 3 4/6 4/6 Biology (SL/HL) 4 3 4/6 4/6 Environmental Systems & Societies (SL/HL) 4/6 4/6 4 Social Sciences 8 8 8 8 Business Management (SL/HL) 4/6 4/6 4/6 Economics SL/HL 4/6 4/6 4/6 History (SL/HL) 4 3 4 4/6 4/6 Arts 4 4 3 4 4/6 4/6 Wisual Arts (SL/HL) 2 2 4 4/6 4/6 Visual Arts (SL/HL) 2 4	French ⁷⁾	4	4	4	4	4 / 6	4 / 6
Chinese A LL SL/HL 10	Spanish 8)					4	4
SSST (any mother tongue / language A)	Chinese / Russian ⁹⁾			4	4		
Mathematics 6 6 Mathematics (core, extended, additional) 6 6 Mathematics (AI, AA SL/HL) 11) 4 / 6 4 / 6 Sciences 6 6 Sciences 6 6 Chemistry (SL/HL) 4 3 4 / 6 4 / 6 Physics (SL/HL) 4 3 4 / 6 4 / 6 Biology (SL/HL) 4 3 4 / 6 4 / 6 Environmental Systems & Societies (SL/HL) 4 / 6 4 / 6 4 Social Sciences 3 4 4 / 6 4 / 6 Business / Economics 3 4 4 / 6 4 / 6 Business / Economics SL/HL 4 / 6 4 / 6 4 / 6 History (SL/HL) 4 / 6 4 / 6 4 / 6 Arts Design and Technology 2 2 4 4 Visual Arts (SL/HL) 2 2 4 4 4 / 6 4 / 6 Music 2 2 4 4 4 / 6 4 / 6 4 / 6 Further compulsory subjects 2 2	Chinese A LL SL/HL 10)					4/6	4 / 6
Mathematics 6 6 Mathematics (core, extended, additional) 6 6 Mathematics (AI, AA SL/HL) 11) 4 / 6 4 / 6 Sciences Sciences 6 6 Chemistry (SL/HL) 4 3 4 / 6 4 / 6 Physics (SL/HL) 4 3 4 / 6 4 / 6 Biology (SL/HL) 4 3 4 / 6 4 / 6 Environmental Systems & Societies (SL/HL) 4 / 6 4 / 6 Social Sciences 8 Business / Economics 3 4 Business Management (SL/HL) 4 / 6 4 / 6 Economics SL/HL 4 / 6 4 / 6 History (SL/HL) 4 4 3 4 / 6 4 / 6 Arts 4 / 6 4 / 6 Design and Technology 2 2 4 4 4 Film (SL/HL) 4 / 6 4 / 6 Visual Arts (SL/HL) 2 2 4 4 4 / 6 4 / 6 Music 2 2 4 4 4 / 6 4 / 6 Further compulsory subjects Games 2 2 2 2 2 2 2 2 2 2 2 Physical Education 4 4 4 4 4 4 4 4 4 4 4 4 2 2 2	SSST (any mother tongue / language A)					2	2
Mathematics (core, extended, additional) 6 6 Mathematics (AI, AA SL/HL) 11) 4 / 6 4 / 6 Sciences 6 6 Chemistry (SL/HL) 4 3 4 / 6 4 / 6 Physics (SL/HL) 4 3 4 / 6 4 / 6 Biology (SL/HL) 4 3 4 / 6 4 / 6 Environmental Systems & Societies (SL/HL) 4 / 6 4 4 Social Sciences 3 4 Business / Economics 3 4 Business Management (SL/HL) 4 / 6 4 / 6 Economics SL/HL 4 / 6 4 / 6 History (SL/HL) 4 / 6 4 / 6 Arts 4 4 3 4 / 6 Design and Technology 2 2 4 4 Visual Arts (SL/HL) 2 2 4 4 Wusic 2 2 4 4 4 / 6 Further compulsory subjects 2 2 2 2 2 2 <td>Mathematics</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td>	Mathematics						
Mathematics (AI, AA SL/HL) 11) 4 / 6 4 / 6 Sciences 6 6 6 Chemistry (SL/HL) 4 3 4 / 6 4 / 6 Physics (SL/HL) 4 3 4 / 6 4 / 6 Biology (SL/HL) 4 3 4 / 6 4 / 6 Environmental Systems & Societies (SL/HL) 4 / 6 4 4 Social Sciences 8 8 8 8 8 Business / Economics 3 4 4 4 / 6	Mathematics	6	6				
Sciences Sciences 6 6 Chemistry (SL/HL) 4 3 4/6 4/6 Physics (SL/HL) 4 3 4/6 4/6 Biology (SL/HL) 4 3 4/6 4/6 Environmental Systems & Societies (SL/HL) 4/6 4 Social Sciences Business / Economics 3 4 Business Management (SL/HL) 4/6 4/6 Economics SL/HL 4/6 4/6 History (SL/HL) 4 3 4 4/6 4/6 Arts Design and Technology 2 2 4 4 4/6 4/6 Visual Arts (SL/HL) 2 2 4 4/6 4/6 4/6 Music 2 2 4 4 4/6 4/6 Further compulsory subjects Games 2	Mathematics (core, extended, additional)			6	6		
Sciences 6 6 Chemistry (SL/HL) 4 3 4/6 4/6 Physics (SL/HL) 4 3 4/6 4/6 Biology (SL/HL) 4 3 4/6 4/6 Environmental Systems & Societies (SL/HL) 4/6 4 4 Social Sciences 8 3 4 4 Business Management (SL/HL) 4/6 4/6 4/6 Economics SL/HL 4/6 4/6 4/6 History (SL/HL) 4 4 3 4 4/6 4/6 Arts Design and Technology 2 2 4 4 4/6 4/6 Visual Arts (SL/HL) 2 2 4 4 4/6 4/6 Music 2 2 4 4 4/6 4/6 Further compulsory subjects Games 2	Mathematics (AI, AA SL/HL) 11)					4/6	4 / 6
Chemistry (SL/HL) 4 3 4/6 4/6 Physics (SL/HL) 4 3 4/6 4/6 Biology (SL/HL) 4 3 4/6 4/6 Environmental Systems & Societies (SL/HL) 4/6 4 4 Social Sciences Business / Economics 3 4 Business Management (SL/HL) 4/6 4/6 4/6 Economics SL/HL 4/6 4/6 4/6 4/6 History (SL/HL) 4 4 3 4 4/6 4/6 Arts Design and Technology 2 2 4 4 4/6 4/6 Visual Arts (SL/HL) 2 2 4 4 4/6 4/6 Music 2 2 4 4 4/6 4/6 Further compulsory subjects Games 2<	Sciences						
Physics (SL/HL) 4 3 4/6 4/6 Biology (SL/HL) 4 3 4/6 4/6 Environmental Systems & Societies (SL/HL) 4/6 4 Social Sciences Business / Economics 3 4 Business Management (SL/HL) 4/6 4/6 Economics SL/HL 4/6 4/6 History (SL/HL) 4 4 3 4 4/6 4/6 Arts Design and Technology 2 2 4 4 4 4/6 4/6 Film (SL/HL) 2 2 4 4 4/6 4/6 Wisual Arts (SL/HL) 2 2 4 4 4/6 4/6 Music 2 2 4 4 4/6 4/6 Further compulsory subjects 3 4 4 4 4 2 <td>Sciences</td> <td>6</td> <td>6</td> <td></td> <td></td> <td></td> <td></td>	Sciences	6	6				
Biology (SL/HL) 4 3 4/6 4/6 Environmental Systems & Societies (SL/HL) 4/6 4 Social Sciences Business / Economics 3 4 Business Management (SL/HL) 4/6 4/6 Economics SL/HL 4/6 4/6 History (SL/HL) 4 4 3 4 4/6 4/6 Arts Design and Technology 2 2 4 4 4/6 4/6 Film (SL/HL) 2 2 4 4/6 4/6 4/6 Visual Arts (SL/HL) 2 2 4 4 4/6 4/6 Music 2 2 4 4 4/6 4/6 Further compulsory subjects 3 4 4 4 4 2 <td>Chemistry (SL/HL)</td> <td></td> <td></td> <td>4</td> <td>3</td> <td>4 / 6</td> <td>4 / 6</td>	Chemistry (SL/HL)			4	3	4 / 6	4 / 6
Environmental Systems & Societies (SL/HL) Social Sciences Business / Economics Business Management (SL/HL) Economics SL/HL History (SL/HL) Design and Technology 2 2 4 4 Film (SL/HL) Visual Arts (SL/HL) Music 2 2 4 4 Further compulsory subjects Games 2 2 2 2 2 2 2 Physical Education 4 4 4 4 4 2 2	Physics (SL/HL)			4	3	4/6	4 / 6
Social Sciences Business / Economics 3 4 Business Management (SL/HL) 4 / 6 4 / 6 Economics SL/HL 4 / 6 4 / 6 History (SL/HL) 4 4 3 4 4 / 6 4 / 6 Arts Design and Technology 2 2 4 4 4 4 / 6 4 / 6 Film (SL/HL) 2 2 4 4 4 / 6 4 / 6 Wisual Arts (SL/HL) 2 2 4 4 4 / 6 4 / 6 Music 2 2 4 4 4 / 6 4 / 6 Further compulsory subjects 2	Biology (SL/HL)			4	3	4/6	4 / 6
Business / Economics 3 4 Business Management (SL/HL) 4/6 4/6 Economics SL/HL 4/6 4/6 History (SL/HL) 4 4 3 4 4/6 4/6 Arts Design and Technology 2 2 4 4 4 6 4/6 </td <td>Environmental Systems & Societies (SL/HL)</td> <td></td> <td></td> <td></td> <td></td> <td>4/6</td> <td>4</td>	Environmental Systems & Societies (SL/HL)					4/6	4
Business Management (SL/HL) 4 / 6 4 / 6 Economics SL/HL 4 / 6 4 / 6 History (SL/HL) 4 4 3 4 4 / 6 4 / 6 Arts Arts Arts Arts Design and Technology 2 2 4 4 4 Film (SL/HL) 4 / 6 4 / 6 Visual Arts (SL/HL) 2 2 4 4 4 4 / 6 4 / 6 Music 2 2 4 4 4 4 / 6 Further compulsory subjects 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	Social Sciences						
Economics SL/HL 4 / 6 4 / 6 History (SL/HL) 4 4 3 4 4 / 6 4 / 6 Arts Design and Technology Design and Technology 2 2 4 4 4 Film (SL/HL) 4 / 6 4 / 6 Visual Arts (SL/HL) 2 2 4 4 4 4 / 6 4 / 6 Music 2 2 4 4 4 4 / 6 Further compulsory subjects 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 Physical Education 4 4 4 4 4 4 4 2 2 2 2	Business / Economics			3	4		
History (SL/HL) 4 4 3 4 4/6 4/6 Arts Design and Technology 2 2 4 4 Film (SL/HL) 4/6 4/6 4/6 Visual Arts (SL/HL) 2 2 4 4 4/6 4/6 Music 2 2 4 4 4/6 4/6 Further compulsory subjects Games 2 2 2 2 2 2 2 2 Physical Education 4 4 4 4 4 2 2	Business Management (SL/HL)					4/6	4 / 6
Arts Design and Technology 2 2 4 4 Film (SL/HL) 4/6 4/6 4/6 Visual Arts (SL/HL) 2 2 4 4 4/6 4/6 Music 2 2 4 4 4 4 4 4 4 4 2	Economics SL/HL					4 / 6	4 / 6
Design and Technology 2 2 4 4 Film (SL/HL) 4/6 4/6 4/6 Visual Arts (SL/HL) 2 2 4 4/6 4/6 Music 2 2 4 4 Further compulsory subjects Games 2 2 2 2 2 2 2 Physical Education 4 4 4 4 4 2 2	History (SL/HL)	4	4	3	4	4 / 6	4 / 6
Film (SL/HL) 4 / 6 4 / 6 Visual Arts (SL/HL) 2 2 4 4 / 6 4 / 6 Music 2 2 4 4 4 Further compulsory subjects Games 2 2 2 2 2 2 2 Physical Education 4 4 4 4 4 2 2	Arts						
Visual Arts (SL/HL) 2 2 4 4 4/6 4/6 Music 2 2 4 4 Further compulsory subjects Games 2 </td <td>Design and Technology</td> <td>2</td> <td>2</td> <td>4</td> <td>4</td> <td></td> <td></td>	Design and Technology	2	2	4	4		
Music 2 2 4 4 Further compulsory subjects Games Games 2	Film (SL/HL)					4/6	4 / 6
Further compulsory subjects Games 2 <td>Visual Arts (SL/HL)</td> <td>2</td> <td>2</td> <td>4</td> <td>4</td> <td>4 / 6</td> <td>4 / 6</td>	Visual Arts (SL/HL)	2	2	4	4	4 / 6	4 / 6
Games 2 <td></td> <td>2</td> <td>2</td> <td>4</td> <td>4</td> <td></td> <td></td>		2	2	4	4		
Physical Education 4 4 4 4 2 2	Further compulsory subjects						
	Games	2	2	2	2	2	2
TOK 2 2	Physical Education	4	4	4	4	2	2
	TOK					2	2

Subject to changes and additions

Notes

 $^{^{1)}}$ English (Grade 9/10 = A and B level, Grade 11/12 = A Literature SL/HL | A Language & Literature SL/HL | Level B)

²⁾ English as an Additional Language

 $^{^{3)}}$ English (Grade 11/12 = A Language & Literature SL/HL | B SL/HL)

 $^{^{4)}}$ German (Grade 7/8 = beginner | intermediate | advanced, Grade 9/10 = A and B level)

 $^{^{5)}}$ German (Grade 11/12 = A Language & Literature SL/HL | B SL/HL)

⁶⁾ German (Grade 11/12 = ab initio SL)

⁷⁾ French (Grade 7/8 = English mainstream students only | beginner | intermediate | advanced, Grade 11 = B level | ab initio SL)

 $^{^{8)}}$ Spanish (Grade 11/12 = B level | ab initio SL)

⁹⁾ Chinese / Russian (Grade 9/10 = only for native speakers)

 $^{^{10)}}$ Chinese (Grade 11/12 = A Language & Literature SL/HL)

¹¹⁾ Mathematics (AI = Application & Interpretation SL/HL, AA = Analysis & Approaches SL/HL)

Grades 7 - 10German Intensive Year

The German Intensive Year is a preparatory programme for students wishing to gain entry to the Swiss Matura programme. The programme is designed for students whose mother tongue is not German and who have been educated in a different school system. The programme guarantees comprehensive preparation for the highly competitive Swiss Matura. Achieving the Swiss Matura typically enables students to gain admission to one of Switzerland's renowned academic institutions. In Switzerland, approximately 25% of all students achieve the Matura, which serves to illustrate the high standard of education on offer.

Our German Intensive Year provides a seamless transition to the Matura by offering the same subjects and curriculum as the Matura, without the pressure of selection. It is of particular importance to note the significant allocation of time dedicated to German and Mathematics lessons, with 12 and 10 lessons per week, respectively. In order to participate in the German Intensive Year, applicants must demonstrate a minimum German proficiency level of A1+.

The small class sizes and individualised lessons allow us to provide students with tailored instruction, ensuring they receive guidance at their current level. Depending on the grade, the curriculum also includes English, French (Italian on request), Biology, Chemistry, Physics, History, Economics and Law, Music and Art.

It is our priority to ensure that pupils are motivated to succeed in our intensive and closely supervised programme. We keep parents regularly informed about their child's progress.

In order to transfer to the Swiss Matura, the student must pass the cantonal entrance examination. This exam takes place in February for an entry into grade 7 and in March for an entry into grade 9.

COMPULSORY SUBJECTS IN LESSONS PER SCHOOL WEEK

	grade 7	grade 8	grade 9	grade 10
Languages				
German	10	10	10	10
English	6	6	4	4
French			4	4
Italian	2			
Latin	2			
Mathematics				
Mathematics	10	10	10	10
Sciences				
Natural Sciences	2	2		
Biology	2	2	2	2
Chemistry			2	2
Physics			2	2
Social Sciences				
Economics & Law		2	2	2
History	2	2	2	2
Further compulsory subjects				
German as a Foreign Language	2	2	2	2
Music	2	2	2	2
Visual Arts	2	2	2	2
Games/Physical Education	2	2	2	2

Subject to changes and additions

Grades 7 – 12Swiss Matura

The Swiss Matura grants holders the right of admission to all Swiss universities as well as to international institutes of tertiary education without the requirement of passing an entrance examination. Our students are prepared for this diploma in one of two ways: a six-year long-term programme or a shorter, four-year programme of study. The Matura is the standard diploma in Switzerland and is mainly chosen by students from German-speaking countries. However, non-native speakers are also increasingly opting for this Swiss degree, as it is recognised and well-regarded by universities around the world.

The aim of a Gymnasium is to provide learners with a broad general education as well as in-depth study in two selected subjects and to equip them with the skills required at university. This goal is achieved by passing the Matura examination and the Matura project.

The Lyceum Alpinum Zuoz offers the following subject options:

Higher Level Specialisation

- Biology and Chemistry
- Economics and Law
- Physics and Applied Mathematics
- Spanish
- Visual Arts

Standard Level Specialisation

- Chemistry
- Economics and Law (Immersion subject)
- Geography
- History (Immersion subject)
- ICT

Matura project

The Matura project completed during the last two years of the programme is aimed at demonstrating that students are able to complete a process of scientific inquiry in a manner appropriate to a specific subject. In doing so they are guided by a teacher. The completed work is presented both in writing and orally.

Eligibility

Students seeking admission to the Swiss Matura programme have to fulfil one of the following conditions: pass an entrance test at one of the middle schools in the Canton of Graubünden; be transferred after achieving promotion at a Swiss or international school of equivalent standard; gain provisional admission and subsequently pass an internal entrance examination. These examinations take place in spring. The Lyceum Alpinum offers special preparation courses for students of the region who want to undertake intensive preparation for the cantonal Gymnasium entrance examinations.

Multilingual culture

Taking into account the local multilingual culture of Canton Graubünden, the Lyceum Alpinum Zuoz offers, in addition to the Swiss Matura in German, the following bilingual models of the Swiss Matura Diploma Programme:

- Bilingual Swiss Matura Diploma German/English, from grade 10
- Bilingual Swiss Matura Diploma Italian/German (Maturità bilingue grigionese), from grade 9
- Bilingual Swiss Matura Diploma Romansh/German (Maturitad bilingua grischuna), from grade 9

In the three-year German/English course, the subjects Biology, History and Geography are taught in English. In addition, an immersion subject must be chosen as a Standard Level Specialisation. As preparation, a language stay of at least three weeks in an English-speaking country must be completed in grade 9.

The four-year German/Italian and German/Romansh courses start in grade 9 and include four lessons per week in the first language (Italian or Romansh respectively) as well as two weekly lessons of immersive instruction in either Biology, History or Geography.

Matura examinations

Final examinations are taken in the following subjects, stipulated by the Matura regulations (MAR):

Written:

- 1. First Language
- 2. Second Language
- 3. Maths
- 4. Higher Level Specialisation Subject
- 5. Standard Level Specialisation Subject

Oral:

- 1. First Language
- 2. Second Language
- 3. Maths
- 4. Higher Level Specialisation Subject
- 5. Standard Level Specialisation Subject

COMPULSORY SUBJECTS IN LESSONS PER SCHOOL WEEK

Languages		grade 7	grade 8	grade 9	grade 10	grade 11	grade 12
Romansh	Languages						
Italian/French 70 3 3 4 5 3 3 3 4 4 4 4 4 4 4	German	4	4	4	4	4	4
English 3 3 4 4 4 4 4 4 4 4 1 4 1 4 1	Romansh 1)	2	2				
Latin	Italian/French ²⁾	3	3	4	5	3	3
Mathematics 4 2 2 2 <th< td=""><td>English</td><td>3</td><td>3</td><td>4</td><td>4</td><td>4</td><td>4</td></th<>	English	3	3	4	4	4	4
Mathematics 4 4 4 4 Arithmetic & Algebra 4 4 4 Geometry 2 2 2 Sciences Natural Sciences 3 3 3 Biologie, Biology 30 / Biologia 40 2 <t< td=""><td>Latin</td><td>3</td><td>4</td><td></td><td></td><td></td><td></td></t<>	Latin	3	4				
Arithmetic & Algebra	Mathematics						
Sciences Science Science	Mathematics			4	4	4	4
Sciences Natural Sciences 3 3 3 3 5 5 5 5 5 5	Arithmetic & Algebra	4	4				
Natural Sciences 3 3 3 3 3 3 3 3 3	Geometry	2	2				
Biologie, Biology 3 / Biologia 6 2 2 2 2 2 2 2 2 2	Sciences						
The computer Science	Natural Sciences	3	3				
Physics	Biologie, Biology 3) / Biologia 4)			2	2	2	2
Computer Science 2 2 Media ICT 1 3 Social Sciences Introduction Economics & Law 2 2 Geographie, Geography 3) / Geografia 4) 2	Chemistry			1	2	2	2
Media ICT 1 Social Sciences Introduction Economics & Law 2 2 Geographie, Geography ³) / Geografia ⁴) 2 <t< td=""><td>Physics</td><td></td><td></td><td>1</td><td>2</td><td>2</td><td>2</td></t<>	Physics			1	2	2	2
Social Sciences	Computer Science			2	2		
Introduction Economics & Law	Media ICT	1					
Geographie, Geography 3) / Geografia 4) 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	Social Sciences						
Comparison Com	Introduction Economics & Law			2	2		
Arts Visual Arts or Music 2 2 Visual Arts 2 2 2 Music 2 2 2 Specialisation Higher Level Specialisation (HLS) 5) 6 6 Standard Level Specialisation (SLS) 3) 6) 3 3 Matura Thesis 2 2 Further compulsory subjects 2 4 Ethics 2 4 Handicrafts 2 4 Home Economics 2 2 Physical Education 3 3 3 3 3 Optional courses 3 2 2 1	Geographie, Geography 3) / Geografia 4)	2	2	2	2	2	2
Visual Arts or Music 2 2 Visual Arts 2 2 2 Music 2 2 2 Specialisation 4 5 6 6 6 Standard Level Specialisation (SLS) 3) 6) 3 3 3 3 Matura Thesis 2 2 5 4	Geschichte, History 3) /Storia, Istorgia 4)	2	2	2	2	2	2
Visual Arts 2 2 2 Music 2 2 2 Specialisation Higher Level Specialisation (HLS) 5) 6 6 Standard Level Specialisation (SLS) 3) 6) 3 3 Matura Thesis 2 2 Further compulsory subjects 2 4 Ethics 2 4 Handicrafts 2 4 Home Economics 2 2 Physical Education 3 3 3 3 3 Optional courses 3 2 2 1	Arts						
Music 2 2 2 Specialisation Higher Level Specialisation (HLS) 5) 6 6 Standard Level Specialisation (SLS) 3) 6) 3 3 Matura Thesis 2 2 Further compulsory subjects 2 4 Ethics 2 4 Handicrafts 2 4 Home Economics 2 2 Physical Education 3 3 3 3 3 Optional courses 3 2 2 1	Visual Arts or Music				2	2	
Higher Level Specialisation (HLS) 5) 6 6 Standard Level Specialisation (SLS) 3) 6) 3 3 Matura Thesis 2 Further compulsory subjects Ethics 2 Handicrafts 2 Home Economics 2 Physical Education 3 3 3 3 3 3 3 Optional courses Latin 7) 3 2 2 1	Visual Arts	2	2	2			
Higher Level Specialisation (HLS) 5) Standard Level Specialisation (SLS) 3) 6) Matura Thesis 2 Further compulsory subjects Ethics 2 Handicrafts 2 Home Economics 2 Physical Education 3 3 3 3 Optional courses Latin 7) 3 2 6 6 6 6 8 7 8 8 8 9 8 9 8 9 8 9 8 9 8 9 8 9 8 9	Music	2	2	2			
Standard Level Specialisation (SLS) 3) 6) Matura Thesis Further compulsory subjects Ethics 2 Handicrafts 2 Home Economics Physical Education 3 3 3 Optional courses Latin 7) 3 2 1 3 3 3 3 3 3 3 3 3 4 5 7 7 7 7 7 7 7 7 7 7 7 7	Specialisation						
Matura Thesis 2 Further compulsory subjects 2 Ethics 2 Handicrafts 2 Home Economics 2 Physical Education 3 3 3 3 Optional courses Latin 7) 3 2 2 1	Higher Level Specialisation (HLS) 5)					6	6
Further compulsory subjects Ethics 2 Handicrafts 2 Home Economics 2 Physical Education 3 3 3 3 Optional courses Latin 7) 3 2 2 1	Standard Level Specialisation (SLS) 3) 6)					3	3
Ethics 2 Handicrafts 2 Home Economics 2 Physical Education 3 3 3 3 3 Optional courses Latin 7) 3 2 2 1	Matura Thesis						2
Handicrafts 2 Home Economics 2 Physical Education 3 3 3 3 Optional courses 3 2 2 1	Further compulsory subjects						
Home Economics 2 Physical Education 3 3 3 3 3 Optional courses Latin 7) 3 2 2 1	Ethics		2				
Physical Education 3 3 3 3 3 Optional courses Latin 7) 3 2 2 1		2					
Optional courses Latin 7) 3 2 2 1	Home Economics		2				
Latin 7) 3 2 2 1	Physical Education	3	3	3	3	3	3
	Optional courses						
Romansh ⁷⁾ 2 2 2 2	Latin 7)			3	2	2	1
	Romansh 7)			2	2	2	2

Notes

¹⁾ Mandatory for students coming from a bilingual primary school (German/Romansh)

 $^{^{2)}}$ 7^{th} and 8^{th} grade Italian. 9^{th} grade to 12^{th} grade Italian or French

³⁾ Immersion subjects Bilingual Swiss Matura (grades 10-12 Biology, History and Geography, grades 11-12 SLS Economics & Law or SLS History)

⁴⁾ Immersion subjects Bilingual Swiss Matura (Maturitad bilingua grischuna) held in Romansh (Biologia, Geografia and Istorgia) or Bilingual Swiss Matura (Maturità bilingua grigionese) held in Italian (Biologia, Geografia or Storia) from grade 9.

⁵⁾ Biology & Chemistry, Economics & Law, Physics & Applied Mathematics, Spanish or Visual Arts

⁶⁾ Chemistry, Geography, ICT, Economics & Law or History

⁷⁾ Elective subject as of grade 9 (prior knowledge required)

Additional Programmes

English as an Additional Language

All students at the Lyceum Alpinum are viewed as learners of academic English, and teachers intentionally structure learning to support the acquisition and development of academic English for all students. As we recognise that all students join us at different points of their acquisition of academic English, our English as an Additional Language Coordinator reviews all applications of new students to plan individual pathways for them with their teachers, to ensure that they make appropriate progress in their learning. The EAL Coordinator also joins classes to support students where necessary in learning in their classroom based learning. For full details please see our "English as an Additional Language Programme" guidelines and parents may contact our EAL Coordinator via eal@lyceum-alpinum.ch.

German as a Foreign Language

For Matura students whose first language is not German, we offer a German as a Foreign Language remedial course, which enables them to better benefit from their Matura classes.

Latin

After completing the obligatory Latin classes in grades 7 and 8 of the Matura programme, students can attend optional Latin courses. In total, the Latin courses last 3.5 years, finishing with a certificate in their penultimate semester. Universities accept this Certificate as "Latinum". As a consequence, students in possession of this document do not have to take any Latin for courses of study requiring Latin.

Preparation for foreign language examinations

The school's Swiss Matura curriculum includes courses which prepare students for the following foreign language examinations:

- Cambridge Certificate in Advanced English (CAE) C1 (mandatory in the Matura programme)
- Cambridge First Certificate in English (FCE) B2
- Progetto Lingua Italiana Dante Alighieri (PLIDA) C1
- Diplôme d'Etudes en Langue Française (DELF) B1+/B2
- Diploma de Español como Lengua Extranjera (DELE) A2/B1

College Counselling

Planning for the next steps of your child's education after school, including preparation for entry to highly competitive universities worldwide, starts in I4/M4 at the Lyceum Alpinum and is led by our Head of College Counselling. To ensure that our students receive the best possible support and information regarding the particular universities, regions and courses that they are interested in, the Lyceum Alpinum also works exclusively with a number of talented and experienced external college counsellors. For further details see our "College Counselling" guidelines, or contact our Head of College Counselling via collegecounselling@lyceum-alpinum.ch.

Healthy Mind

All of the staff of the Lyceum Alpinum are committed to supporting the individual personal development of the young people at our school and in addition qualified Psychologists engage with our students on campus. As part of our ethos of "a healthy mind in a healthy body" our highly qualified psychologists support students through individual meetings, through proactive engagement with classes on themes such as resilience, and with families through a webinar programme.

Learning Coaching

The Lyceum Alpinum views each student as an individual learner, with individual needs to be both challenged and supported in order to ensure "a healthy mind in a healthy body". The Lyceum Alpinum has qualified Educational Psychologists in our faculty who focus on helping all students with individual advice, and where necessary testing, to ensure that they are able to maximise both their academic potential and their ability to learn the structures and techniques to support their learning throughout their life. Full details are available via the "Learning coaching" guidelines and parents may contact our Psychologists via coaching@lyceum-alpinum.ch.

Extracurricular Activities

With approximately 70 activities taking place weekly after the teaching school day ends at 16.00 our school focuses on ensuring that all students are developing "a healthy mind in a healthy body". All day and boarding students are invited to register for activities across the five seasons, which range from sports to intellectual and cultural activities. Some activities involve trips and may also take place across weekends. Full details are available via the "ECA" table below and parents may contact the Head of Extracurricular Activities via eca@lyceum-alpinum.ch. Below are ECA's which have been offered in the 2024–2025 school year.



Academic Supports

- German Language Support
- French Language Support
- Chemistry Support
- Science Support
- Business & Economics Support
- Humanities Support
- Design Technology Support
- Maths Support
- Matura Thesis Support



The Arts

- Art Club
- Band
- Choir
- English Theatre Company
- Fashion Club
- LAMDA Communication
- Music Club
- Orchestra
- The Shakespeare Company



Intellectual Activities

- Chess Club
- Chinese (Beginner & Advanced)
- Spanish (Beginner & Advanced)
- French (Beginner)
- Design Technology
- Digital Design
- Maths Club
- Debate Club
- Model United Nations
- Robotics
- Your 2040 (Sustainability Club)



Sports Clubs/Teams

- Badminton (Boys & Girls)
- Uni-Hockey (Boys, Girls & Mixed)
- Cricket (Boys & Girls)
- Fives (Boys & Girls)
- Basketball (Seniors Boys, Junior Boys, Girls)
- Football (Seniors Boys, Junior Boys, Girls)
- Golf (Mixed)
- Ice Hockey (Boys)
- Rugby (Senior Boys & Junior Boys)
- Volleyball (Senior Boys, Senior Girls, Junior Boys, Junior Girls)
- Ski Team (Mixed)
- Tennis (Beginner & Advance)



Sporting Activities

- Athletics
- Boxing
- Croquet
- · Cross-Country Skiing
- Cycling/Mountain Biking
- Dance
- Engadine Lake Club
- Hiking
- Horse Riding
- Indoor Climbing
- Kickboxing
- Kite Surfing
- Outdoor Climbing
- Skiing
- Snowboarding
- · Strength & Conditioning
- Swimming
- Trail Running
- Trampolining
- Yoga

Fee Overview for School Year 2025/2026

Main costs per year		
Swiss Matura (according to the cantonal guidelines 9 th – 12 th grade)	CHF	640
Pre-IGCSE Programme, IGCSE Programme, German Intensive Year	CHF	55,300
IB Diploma Programme	CHF	64,700
Homework support		no charge
Games		no charge

Additional tuition costs

Private lessons (price per lessons and person)		
Private lessons for one person	CHF	110
Private lessons in groups of 2	CHF	90
Private lessons in groups of 3	CHF	70
Individual coaching for learning for one person	CHF	110

Prices for remedial/optional courses will be communicated separately.

Examination fees (price per exam)		
Entrance examination for Matura (AP Gymnasium)	CHF	110
Final examinations Matura	CHF	660
Final examinations IGCSE and IBDP	CHF	660
External IGCSE and IBDP exam fees (depending on choice of subject)	from CHF	1,000

General costs (price per year)		
Contribution to cultural events, Zuoz Zeitung (school journal, media etc.)	CHF	170
School materials and school books	ca. CHF	900
Contribution to students organisation	CHF	40

Personal expenses		
Lunch (10 vouchers at CHF 13.– each)	CHF	130
Salad buffet (10 vouchers at CHF 9.– each)	CHF	90.–
Dinner (10 vouchers at CHF 9.– each)	CHF	90
Snacks voucher (per year)	CHF	180
Outings, excursions, travel, community weekends etc.	according to actual e	xpenditure
Community Weekend	per day CHF	30
Extracurricular Activities (ECA)		no charge
Deposit International Section	CHF	6,000
Registration fee International Section and Matura students with admission procedure	CHF	1,600

Student's Hostel	
We offer accommodation if available to Graubünden students who cannot or do not want to commute between their parents' home and school due to long distances. Please contact us for further information.	on request

Boarding House à la carte		
Overnight stay in the boarding house (incl. food, supervised study lessons and games)	per night CHF	210

Costs for trips, excursions and journeys will be invoiced with a handling fee of 5% and Value Added Tax of 8.1%.

Method of payment

Main costs are invoiced twice annually, in July and December. Additional expenses are payable in February and July Additional costs will be summarized on the invoice. Upon request a detailed list can be provided.

Payment may only be made by bank transfer to the following bank account. Cash payments will not be accepted.

Bank details

Name of institution UBS Switzerland AG
Location CH-7500 St. Moritz
Account no. 673278.01M
BIC (Swift) UBSWCHZH80A

IBAN CH89 0022 1221 6732 7801 M

Zuoz, November 2024

Lyceum Alpinum Zuoz is

- authorised by the International Baccalaureate Organisation (www.ibo.org)
- a Cambridge International School (www.cambridgeinternational.org)
- accredited by the Council of International Schools (www.cois.org) and a member of
- Swiss Group of International Schools (www.sgischools.com)
- Swiss Learning (www.swisslearning.com)
- Boarding School Association (www.boarding.org.uk)

Universities where students have been accepted from 2021-2024

England (Selection)	Switzerland (Selection)	USA (Selection)
Cardiff University	Ecole Hôtelière de Lausanne	Bentley University
City, University London	ETH Zürich	Berklee College of Music
Durham University	Franklin University, Lugano	Boston College
Imperial College London	Swiss Business School	Case Western Reserve University
King's College London	Universitäten Basel, Bern,	Connecticut College
Loughborough University	Fribourg, Lausanne, Luzern, Neuchâtel, St. Gallen, Zürich	Duke University
Newcastle University	Webster University	Emory University
Northeastern University London	Webster offiversity	Fordham University
Queen Mary, University of London	Europe (Selection)	George Washington University
Queen's University Belfast		Georgetown University
Royal Holloway, University of London	Erasmus University Rotterdam and University College	Loyola Marymount University
University College London	Hochschule für Musik Detmold	Middlebury College
University of Birmingham	IE University	New York University
University of Cambridge	Leiden University	Northeastern University
University of Edinburgh	Maastricht University	Parsons, The New School
University of Exeter	Sigmund Freud Universität	Purdue University
University of Glasgow	Technische Universität München	Rhode Island School of Design
University of Leeds	Tilburg University	Syracuse University
University of Nottingham	TU Delft	Tufts University
University of Oxford	TU Eindhoven	University of Denver
University of Sheffield	University of Amsterdam	University of Southern California
University of St. Andrews	University of Groningen	University of California, Berkeley, Davis, Irvine, Los Angeles, Santa Barbara, Santa Cruz, San Diego
University of Warwick	University of Navarra	
	Università Bocconi Milano	Vanderbilt University
Canada (Selection)	Université de Strasbourg	Wake Forest University
McGill University	Université Paris-Saclay	Washington University in St. Louis
University of British Columbia		

Australia/New Zealand (Selection) University of Melbourne

University of Waikato

University of Western Australia



University of Toronto

