

# Summer Camp

## Sports Camp

### General

The participants will be doing different types of sport on the Lyceum Alpinum Zuoz campus and in the Engadin valley.

### Afternoon Sports activities

- Rope park
- Nature adventure
- Bowling and indoor climbing
- Archery parkour outdoor
- Swimming
- Golfing
- Sports on the campus
- Mini olympic games

### Evening activities

The participants can choose between following offers:

- Football
- Badminton
- Tennis
- Basketball
- Beach volleyball
- Games and disco night
- handcraft
- drones workshop
- nature adventure
- Dance, yoga
- and many more

### Weekend activities

- River Rafting, swimming in the lake, minigolf, boccia



The programme is in elaboration and can change.